



Date	Amt. Spent	Item/Description	Category	C a s h	C r d i t	D e b i t	C h e c k

Date	Amt. Spent	Item/Description	Category	C a s h	C r d i t	D e b i t	C h c k
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30-Day Spending Tracker

Track Your Spending



In preparation for attending the COMPASS True North Retreat, carry this tracker with you for 30 days and record everything you purchase during that time. That's right—EVERYTHING!

Note what you spend money on, how much you spend, how you pay for it, and what category of spending you consider that item to be. Record every penny that leaves your pocket, wallet, or bank account.

If you are married, be sure to have your spouse track his or her own spending in a separate 30-Day Spending Tracker. Household bills such as electricity

and rent should be recorded in only one of the trackers.

Remember to bring your completed 30-Day Spending Tracker(s) with you to the COMPASS True North Retreat, where you will be creating a personal financial budget and developing your COMPASS Journey Plan for the coming year.



Date	Amt. Spent	Item/Description	Category	C a s h	C r d i t	D e b i t	C h c k
12/6	4.39	Coffee	Eating Out	\checkmark			
	27.72	Gas for Honda	Fuel		\checkmark		
	32.88	Shírt	Clothing		\checkmark		
12/7	120	Art Classes	Children				\checkmark
	81.44	Groceríes	Food			\checkmark	
	.75	.S.A. Red Kettle	Charíty				
	56.93	Electric Bill	Utílítíes				
	1.25	Tolls	Reímbursable	V			
12/9	15.99	Cat food	Pets				
	4.39	Coffee	Eating Out	√			

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