AUTHENTICITY IN A CULTURE OF MASKS

Vulnerability and Honor

Clergy: Vulnerability Discussion

- Tell a story from your past where you felt really good about yourself.
- Remember a time when you felt worthless, incompetent, or exposed. Why did you feel this way?
- What is vulnerability, in your opinion?
- Why is vulnerability so difficult?
- What are the obstacles to vulnerability between a pastor and the people she/he serves?
- Why does vulnerability seem to be an important part of strengthening relationships?
- To what extent does our imagination impact the way we respond to the issue of vulnerability?
- What would it take to create an environment that felt safe and promoted vulnerability?



