



# AUTHENTICITY

## IN A CULTURE OF MASKS

### Vulnerability and Honor

#### Laity: Honor Discussion

- Tell a story from your past where you felt really good about yourself.
- Remember a time when you felt worthless, incompetent, or exposed. Why did you feel this way?
- Do you think your pastor ever feels inadequate based on the expectations of the congregation? Why or why not?
- The pastors are answering questions about vulnerability, among which are the following three questions. How do you think they are answering them?
  - Why is vulnerability so difficult?
  - What are the obstacles to vulnerability between a pastor and the people she/he serves?
  - Why does vulnerability seem to be an important part of strengthening relationships?
- What do you think it means to honor another person? Is honoring someone the same thing as valuing them?
- What role does empathy play in honoring another, and what would that look like?
- What are ways that a layperson may be able to create a context of worth and honor for their pastor?